

Summer Camps, at the west coast of the beautiful island Bornholm, DK

1- 8 August & 10- 17 August 2009

Deadline for booking at the latest 1 July (special price 1 June), by paying the enrolment deposit.



Apply to the course by downloading, completing and attaching [this](#) form to an email or send it by ordinary mail, or use the online application form [here](#).

BUTOH SUMMER CAMPS IN DENMARK

CAMP 1: 1-8 August & camp 2: 10- 17 August

Camp 1: Arrival 1 August before 18.00. Departure 9 August before 12.00.

Camp 2: Arrival 10 August before 18.00. Departure 18 August before 12.00

We prefer new students to come at camp 1 and former students at camp 2. It's possible to book both camps.

Description:

Camp at Bornholm, one of the most beautiful and magic islands of Denmark, with a fascination various nature. From long white beaches to high dramatic cliffs. Students can stay in a open creative atmosphere at the great farm of the Academy of Creativity,, with equipment for staging, costumes etc in the huge beautiful open studio, surrounded by fantastic nature. Bornholm is situated in the middle of the Baltic sea, central for the Nordic and Baltic Countries, Poland, Germany and Denmark, with 3 hours easy transport from Copenhagen airport. We can arrange all transport for you.

Butoh Experimental Dance, Exploring Body, Mind, Spirit. And its relation to Existence, Nature and Culture.

A different course than the common, gathering training, everyday and performance in one - the purpose is to give the individual participant the possibility of a deep study of body expression, removed from the usual pressure from outside and in close contact with nature .

The body is your instrument, your tool, which like time and condition can be controlled and understood, in order not to let ignorance be the limit. The training develops strength and knowledge as well as body and mind, to extend the physical and mental relation, and expression to a more wide and effective language. Through a complex training program, composed of concrete exercises, each part of the body is valued equally, e.g. the power of the eye is trained as well as that of the leg.

Strength - flexibility - balance - rhythm - coordination - precision - concentration - composition - improvisation - energy - breath - centering - awareness - sensitivity - imagination - perception - alignment Followed by massage and effective stretching, from Body Weather, Japan. Furthermore there will be workshops every day with unusual movement techniques from Butoh dance.



Part of the course: will take place outdoors in the beautiful nature of the Island. Members of the seminar will get great possibilities to make small performances together and individually, related to the work of the Butoh thoughts and methods.

“to research and explore the possibilities and expressions of the body, opening up, in order to let the creative power flow again beyond the limit of the body. For man, the body can't be considered as an isolated phenomenon in time and space, like dance can't be considered only to exist of physical movements, but a world so fantastic created in the deeper levels of nature and man, filled with enormous powers and strange fantasies”.

The course:

Is open for everyone interested in working with body, mind, and spirit. You had to be preparing to work concentrated physically and mentally, however you don't need any specific experience, as it is based on the group.

The language of the seminar is English, comprehensible as well as for Spanish, Italian and France Language speakers.



Anita Saij

International renowned performer and teacher through 25 years within experimental dance, theatre, somatic practice and movement therapy. Direct students of the co founder and great elder master Kazuo Ohno through more than 3 years and former participant of the Body Weather Group / Min Tanaka in Japan.

Anita Saij was the first European teacher; dancer and choreographer plasticise thoughts and technique of the original

Japanese Butoh. Developing a unique way of unified body training, experimental staging and deep mindful dance, as well as connecting traditional and postmodern aspects in a very physically, mentally and spiritual dance body work.

Her teaching, lectures and performances have been around many cultures from collaborations with the original people of North Sami and Inuit from Europe to Japan and Korea. As choreographer is recognized by a great numbers of artists and institutions such as The Royal Danish Ballet and New French Circus, and as an intense performer herself.

She founded the international priced performance group Theatre Dance Lab.1986, Nordic School of Butoh & New Open Training Somatic Institute 2002, and now the Art Culture Center at Bornholm housing the education Art Human Nature

Practical information:

Booking and information:

You can only signing up by paying the enrolment deposit together with returning the application form by mail. Deadline for enrolment: Special price one month before start of course, at the latest 2 weeks before start of course

Price:

Price include the enrolment deposit DKK 800, - / Euro 100, - and simple lodging in dormitory, tent high loft .

DKK 3.240,-/euro 432,-, 7 days camp (special price) If the booking is at the latest 1 June.

DKK 3.600,-/euro 480, - 7 days camp, at the absolute latest 1 July.

DKK 6.075-/euro 810, - 14 days camp plus 2 of days between the camps. (Booking of 2 camps has double deposits).

Lodging & Food:

Simple lodging is included in the price of the camps, in dormitory, high loft, tents depending of how many participators; we have mattress and locker, you had to bring own sleeping bag, warm blanket, sleeping / training mats and warm outside close) . You can also have lodging in a double room (it might be a single if few are booking rooms) with closet, table, bed, bed duvet, warm blanket, towel, bath tub in the main house, and warm close for out door work etc. (extra charge DKK 120 / 16 Euro a night, please note it in advance at the application). **Food** DKK 90,-/ euro 12, - per day. It is a part of the camp to cook, and eat together every day. Request of special food as allergy or vegetarian had to be writing at your application form.



Transport:

Bornholm is a very popular island for artists and tourists especially in weekends and holidays. The ferries can be full. We can arrange all transport the whole way from Copenhagen airport or main station to the farm if you prefer. Then we buy and e-mail the tickets to you in advance and send a travel plan (price is around 34 Euro one way, we don't charge extra for this service and we can refund and cancel the ticket up to one day before). It is easy and cheap and takes only 3 hrs. Directly by bus and ferry. To order you travel you had to pay the 34 Euro to the account of the school. **Please be in good time.** You are also welcome to organize it yourself or hitchhike. The ferries are direct from Sweden, Poland, Germany, Denmark. Links. www.bornholstrafikken.dk & www.bornholmexpress.dk & www.borhominfo.dk. You can fly directly from Jylland or Copenhagen or from destinations in Europe; links www.cimber.dk & www.norwegian.dk

Payment:

All payment and transfer has to be directly to the Bank Account of Nordic School of Butoh: Nordea Bank, Kongens Nytorv, Copenhagen K, **swift code NDEADKKK, and iban number DK 112 000 8896 497 007**). **Notice to write your name and dates of the course at the transfer.** All transfer expenses are paid by you. It can take 7days before we receive your transfer. Bring the receipt with you the first day at the course.

Cancellation:

If the School cancels a course, all payments will be returned by banc to your banc account. If the students cancel the course, enrolment deposit and the payment of the course can be full returned until the registration deadline (minus an administration fee of 20 %), then the enrolment deposit will be kept and after start of the course all payment.

Insurance:

Students have to have an ordinary personal insurance. Participation in the course and stay at the place are at own risk and has to be signed. If you fly it is a good idea to buy cheap cancellation insurance to your flight ticket, just in case of cancellation of the course etc.

Economical:

The Academy is a non-profit private and independent Art Culture Centre, which means we don't receive any financial support. We can help you with an invitation; Course and education gives you good possibilities to ask for grants in your home country if you are artist. Invitation for visa and immigrate paper is only possibly, after you had paid the course.

Work Exchange:

You have to apply the school, with motivation profession, what you can work with etc. We can give you a maximum of 50 % reducing of the price. The work will be arranged according to your personal skill and according the need of the farm; for instance painting or renovating the buildings, work in the forest or garden etc. We don't need people for the daily clearing or cooking as we do this works our self. Remark some of the work will be organized before the course starts, so it doesn't affect the course or disturb the teaching schedule, as we have a full day teaching schedule.

For further inspiration and description have a look the guest books, pictures and earlier students sketch and dairy at www.nordicbutoh.dk/board/html

Looking very must forward to your participation **Anita Saij**

Post & Administration Address; Baadsmannstraede 43, DK-1407 Copenhagen K.

Place of the camp at Bornholm: Bækkelund, Bolbyvej 7, DK 3782, Klemensker Bornholm.

Cell Phone: +45 2665 5605, **E-mail:** info@nordicbutoh.dk

*** [Print information](#)** (pdf)

Academy of Creativity & Art Culture Center *Bækkelund* & Nordic School of Butoh at Bornholm:

Nordic Butoh, Is an international alternative performance- and life art school in the North, full of inspiration and spirit of new and old. The idea of the school is to explore personal resources of the human being through creative work related to body, art, culture, existence- and *nature*.



Art Culture Center Bækkelund is situated at the island Bornholm, and is an art residents and teaching Academy. The international students can live together in an open creative atmosphere at the great farm, with staging equipment and a wonderful studio, surrounded by the fantastic nature. The Creative Academy is founded by the international priced and well-know choreographer, dancer, designer and movement therapist Anita Saij. From 2009 it offer a post modern alternative performance and life art education in modules **Art Human Nature**, different open workshops and international summer camps both in France and Denmark. Please find pictures, guest books, sketches and notes of former students at www.nordicbutoh/board.dk



Bornholm is one of our most beautiful nature island of Denmark; with wonderful long beaches and dramatic high cliffs. It is situated in the middle of the Baltic Sea. Central for the Nordic and Baltic Countries, Poland and Germany, and max. 3 hours from Copenhagen. www.bornholm.info.dk



Nordic Butoh & Art Culture Center : +45 2665 560 - info@nordicbutoh.dk - www.nordicbutoh.dk